

NOVEMBER | HEALTH AWARENESS

MEN'S HEALTH

Real strength is taking care of yourself.

- GET CHECKED
- STAY ACTIVE
- SPEAK UP



TOWN HALL CLOSURES

Wednesday, Nov. 11
Closed for Veterans Day.

Wednesday, Nov. 25
Town Hall closes at noon.
Thursday, Nov. 26 and Friday, Nov. 27
Closed for Thanksgiving.

CITIZENSHIP ACADEMY

Tuesday, Nov. 17
6:30 p.m.
East Spencer Town Hall
105 S. Long Street

Learn how to stay informed and involved in your community. Everyone is welcome!

THANK YOU, EAST SPENCER!

Thank you to everyone who supported the Southern Soul Music Festival as we celebrated the town's **125th anniversary!**

Special thanks to our vendors and sponsors for making this milestone celebration a success!

AT TOWN HALL

Election Day Voting
Tuesday, Nov. 3 • 6:30 a.m. to 7:30 p.m.
Town Alderman Board Meeting
Monday, Nov. 9 • 6:30 p.m.

FALL GIVEAWAY

Saturday, Nov. 14
10 a.m. to 3 p.m.
Royal Giants Park
200 Robinson Road
We're partnering again with **Second Harvest Food Bank** to support and serve our community.

Visit the pumpkin patch to pick up a pumpkin for the fall and holiday season. Join us for community and seasonal cheer!

PARKS & RECREATION

NBA & NFL TICKETS AVAILABLE
Cheer on your favorite team and experience the excitement of live sports!

Available NBA games
Nov. 6 Hornets vs. Celtics
Dec. 19 Hornets vs. Blazers
Dec. 21 Hornets vs. 76ers
Jan. 25 Hornets vs. Magic
Feb. 15 Hornets vs. Timberwolves
March 10 Hornets vs. Pelicans
April 9 Hornets vs. Nets

For available games and ticket purchases, contact Parks and Recreation Supervisor **Johnny Jones at 704-267-3657.**

TRASH & PAYMENTS

Trash pickup is **every Monday**. Residents will be notified of schedule changes.

Pay online at **eastspencer.gov**. Trash service questions? Call the Utility Clerk at **704-498-4725**.

FALL CLEANUP

Bulk pickup • Nov. 13 & 30
Call Town Hall before your pickup date to add your address to the list.

Leaf pickup
Call Town Hall to have your address added to the pickup list.

Limb pickup • Every Tuesday
Limbs must be no longer than **6 feet** and no more than **2 feet in diameter**.

For pickup lists and questions:
Town Hall • 704-636-7111

FIRE SAFETY

As colder weather arrives, check smoke detectors and fire alarms. Replace batteries as needed and use heating equipment safely.

Stay warm and stay safe!

MAKE YOUR HEALTH A PRIORITY. Schedule regular checkups, stay active, eat healthy and speak openly about mental health. Encourage the men in your life to take care of themselves.