



BREAST CANCER AWARENESS MONTH

EDUCATE • SUPPORT • ENCOURAGE • TOGETHER WE MAKE A DIFFERENCE

*Stronger
Healthier
Together*

Early
Detection
Saves Lives



TOWN HALL MEETING

The next Town Hall meeting will take place on **Monday, October 5, 2026, 6:30 p.m. at East Spencer Town Hall located at 105 S. Long St.**

BREAST CANCER AWARENESS MONTH

October is Breast Cancer Awareness Month. It is a time to raise awareness, encourage early detection, and support those affected by breast cancer. We invite our community to take this opportunity to learn about breast health, talk with your healthcare provider about your personal risk, and stay up to date with recommended screenings.

This month, we honor breast cancer survivors, remember those we have lost, and stand with individuals and families facing a diagnosis. Together, we can foster a community of compassion, encouragement, and support while reminding our neighbors that every person's health matters. Let's spread awareness and hope throughout our community.

SOUTHERN SOUL MUSIC FESTIVAL

Don't forget to join us for our Annual Southern Soul Music Festival on **Saturday, October 3, from 12 p.m. to 8 p.m.** We will have returning bands, new bands, amazing vendors, and raffles. This year, we will have a fireworks show to close out the 125th anniversary celebration.



PARKS & RECREATION UPDATES



Movie Night in the Park will be on **October 16** at Royal Giants Park (200 Robinson Road) starting at **8 p.m.**



There will also be a Breast Cancer Awareness Walk in recognition of Breast Cancer Awareness Month on **Saturday, October 17, 10 a.m.** at Royal Giants Park. All participants will receive a **FREE T-Shirt.**



SCAN TO
REGISTER



To close out the month, the department will host the second annual Trunk or Treat on **Thursday, October 29, 5:45 p.m.** at Royal Giants Park. If you would like to donate or participate, please contact the Parks and Recreation Department at **704-267-3657.**



TRASH SERVICES

Trash pickup is scheduled every Monday. If the regular collection schedule changes, residents will be notified in advance. We appreciate your cooperation in helping keep our community clean and beautiful.



BULK PICKUP

Pickup will be on Friday, October 9, and Friday, October 23. Please contact Town Hall at **704-636-7111** so that we can add you to the list. **Trash will not be picked up unless it is on the list.**



LIMB PICKUP

The Town of East Spencer will provide limb pickup every Tuesday of the month. Limbs must be no longer than 6 ft. and no more than 2 ft. in diameter. Please call Town Hall to sign up for this service. **Limbs will not be picked up if the address is not on the list.**

UPCOMING ACTIVITIES

October 3

Southern Soul Music Festival
12 p.m. to 8 p.m.

October 16

Movie in the Park (Showing Coco)
8 p.m.

October 17

Breast Cancer Awareness Walk
Beginning at 10 a.m.

October 29

Annual Trunk or Treat
5:45 p.m.



All events will be held at Royal Giants Park located at 200 Robinson Road in Salisbury, NC 28144.

